

The homeopathic consultation

Homeopaths claim to “treat the whole person”. A pre-requisite is a lengthy consultation with the patient involving lots of personal questions. This checklist was generously provided by Dr Nancy Malik, (or to give her full medical title: Nancy Malik) to posters at the forum at www.thinkhumanism.com, in an effort to educate them about homeopathy.

I am listing a very exhaustive list. This is for your reference only. We actually ask only a fraction of these questions we consider most important. But this will give you a fair idea about a case taking in homeopathy.

- 1: Loves to travel
- 2: Cry When Thanked
- 3: Cry When Nervous or From Anxiety
- 6: Relieved by Crying 1
- 8: Likes/Loves Sympathy
- 9: Hates/Dislikes Sympathy
- 10: Sympathetic 1
- 11: Lacks Sympathy (Especially Towards Family) 1
- 12: Tends to Sign Frequently
- 14: Irritable at the Least Things 1 2 3 4
- 16: Easily Angered 1 2 3 4
- 17: Tend To Become Voilent in Anger 1 2 3 4
- 18: Dictatorial Espacially at Home 1 2 3 4
- 21: Very Impulsive 1 2 3 4
- 22: Changeable and Inconsistant 1 2 3 4
- 23: Jealous 1 2 3 4
- 24: Suspicious 1 2 3 4
- 25: Critical 1 2 3 4
- 26: Displays careful And Meticulous Attention to Details And Difficult to please 1 2 3 4
- 27: Concerned with Precision and Accuracy 1 2 3 4
- 28: Conscientious About Trival Matters 1 2 3 4
- 29: Vain (False Pride) 1 2 3 4
- 33: Pessimistic 1 2 3 4
- 34: Tend to Worry About Everything 1 2 3 4
- 35: Anxious in Company 1 2 3 4
- 36: Anxious When Anything Is Expected Of You 1 2 3 4
- 38: Anxious And Cautious 1 2 3 4
- 39: Anxious and Indecisive 1 2 3 4
- 41: Lacks Confidence 1 2 3 4
- 42: Fearful of Other's Opinion 1 2 3 4
- 43: Avoids Undertaking of New Things For The Fear of Failure 1 2 3 4
- 44: Timid about Public Speaking but Capable 1 2 3 4
- 45: Apprehensive before a performance 1 2 3 4
- 46: Inhibited (Feels restrains and Prevented) 1 2 3 4
- 47: Impressionable (Easily Impressed and influenced) 1 2 3 4
- 48: Thinks Rapidly 1 2 3 4
- 49: Thinks Slowly 1 2 3 4
- 50: Talkative and Frequently Change Subject 1 2 3 4

- 51: Tends to Procrastinate (postpone doing what one should be doing) 1 2 3 4
- 52: Restless While at Work 1 2 3 4
- 53: Anxious On Waking In the Morning 1 2 3 4
- 54: Anxious About Own Helath 1 2 3 4
- 55: Supress Grief Following Bereavement or Tragidy 1 2 3 4
- 56: Affictionate 1 2 3 4
- 57: Feels Better Mentally After Vigorous Excercise 1 2 3 4
- 58: Dislikes Being Touched 1 2 3 4
- 59: Clairvoyant (Think Of Having the supposed power to see objects or events) 1 2 3 4
- 60: Low Sex Drive (Female) 1 2 3 4
- 61: Low Sex Drive (Male) 1 2 3 4

FOOD PREFERENCES

1=Always 2=Often 3=Sometime 4=Never

- 62: Likes Warm Foods And Drinks 1 2 3 4
- 63: Dislikes Warm Foods 1 2 3 4
- 64: Likes Raw Foods 1 2 3 4
- 65: Lose Appetite During Mensturation 1 2 3 4
- 66: Mixtures of foods Disagree 1 2 3 4
- 67: Eat to Bursting Point 1 2 3 4
- 68: Fruit do not suite 1 2 3 4
- 69: Dislikes Fruits 1 2 3 4
- 70: Likes Eggs, Especially Soft Boiled 1 2 3 4
- 71: Dislikes Eggs 1 2 3 4
- 72: Beans, Peas and Lentils Disagree 1 2 3 4
- 73: Likes Starchy Food 1 2 3 4
- 74: Likes Bread and Butter 1 2 3 4
- 75: Likes Rich, Fatty Foods 1 2 3 4
- 76: Rich Fatty Foods Cause Digestive Upset 1 2 3 4
- 77: Likes Ice Cream 1 2 3 4
- 78: Likes Peanut Butter 1 2 3 4
- 79: Likes Cheese 1 2 3 4
- 80: Likes Olive Oil 1 2 3 4
- 81: Dislikes Pork 1 2 3 4
- 82: Likes Sweet Foods 1 2 3 4
- 83: Disikes Sweet Foods 1 2 3 4
- 84: Likes Sweet Foods But They Disagree 1 2 3 4
- 85: Likes Sweet Foods But Not Upset By Them 1 2 3 4
- 86: Pastries Disagree 1 2 3 4
- 87: Likes Salty Foods 1 2 3 4
- 88: Dislikes Salty Foods 1 2 3 4
- 89: Likes Oysters 1 2 3 4
- 90: Dislikes Fish 1 2 3 4
- 91: Shellfish Disagree 1 2 3 4
- 92: Likes Lemons 1 2 3 4
- 93: Likes Pickles 1 2 3 4
- 94: Dislikes Tomatos 1 2 3 4
- 95: Likes Spicy Foods 1 2 3 4
- 96: Garlic Disagree 1 2 3 4
- 97: Onions Disagree 1 2 3 4
- 98: Likes Milk 1 2 3 4

- 99: Milk Disagree 1 2 3 4
- 100: Reluctant to Take Breast Milk in Infancy 1 2 3 4
- 101: Hot Drinks Disagree 1 2 3 4
- 102: Iced Drinks Disagree 1 2 3 4
- 103: Likes Carbonated Water 1 2 3 4
- 104: Likes Alcohol 1 2 3 4
- 105: Loves Alcohol But It Disagree 1 2 3 4
- 106: Little Thirst 1 2 3 4
- 107: Likes Coffee 1 2 3 4
- 108: Dislike Coffee 1 2 3 4
- 109: Coffee Does not Suits 1 2 3 4

FEARS

1=Always 2=Often 3=Sometime 4=Never

- 110: Heights 1 2 3 4
- 111: Enclosed Spaces 1 2 3 4
- 112: Crowds and Public Places 1 2 3 4
- 113: Mice and Rats 1 2 3 4
- 114: Snakes 1 2 3 4
- 115: Water 1 2 3 4
- 116: Thunderstorms 1 2 3 4
- 117: Sharp Pointed Objects 1 2 3 4
- 118: Ghosts 1 2 3 4
- 119: Darkness 1 2 3 4
- 120: Burglars 1 2 3 4
- 121: Being Alone 1 2 3 4
- 122: Being Late (Everybody Must Hurry) Always in hurry 1 2 3 4
- 123: Being Hurt Emotionally 1 2 3 4
- 124: Food Poisoning or Catching Allergies 1 2 3 4
- 125: Illness 1 2 3 4
- 126: Insanity 1 2 3 4
- 127: Cancer 1 2 3 4
- 128: Death 1 2 3 4
- 129: For The Health Of Your Family 1 2 3 4
- 130: Failure In Business 1 2 3 4
- 131: Poverty 1 2 3 4
- 132: Loss Of Self Control 1 2 3 4
- 133: Physical/Mental exertion, Feel Lack of Stamina 1 2 3 4
- 134: Extremely Emotional 1 2 3 4
- 135: Extremely Sentimental 1 2 3 4

GENERAL FEATURES

1=Always 2=Often 3=Sometime 4=Never

- 136: Warm And Made Worse By Heat 1 2 3 4
- 137: Ailments are Worse in Stuffy Rooms 1 2 3 4
- 138: Feet are Hot In Bed, Stick Them Out of Bedclothes 1 2 3 4
- 139: Chilly But Made Worse By Heat 1 2 3 4
- 140: Chilly But Better With Heat 1 2 3 4
- 141: Feet Are Sweaty And Smelly 1 2 3 4
- 142: Ailments Are Worse After Sweating 1 2 3 4
- 143: Head is Sweaty in Bed 1 2 3 4
- 144: Ailments Are Worse From Prolonged Standing 1 2 3 4

- 145: Ailments Are Worse In Cold Wet Weather 1 2 3 4
- 146: Ailments are worse in Cold Dry Weather 1 2 3 4
- 147: Ailments Are Worse In Windy Weather 1 2 3 4
- 148: Bad Breath and Tongue Coated White 1 2 3 4
- 149: Warts and Moles on the Body and Face 1 2 3 4
- 150: Never Ending Pimples And Acne On The Face 1 2 3 4
- 151: Feel Better From Sea Air or Near Water 1 2 3 4
- 152: Feel Worse From Sea Air or Near Water 1 2 3 4
- 153: Love to Watch Thunderstorms 1 2 3 4
- 154: Suffer a Headache Before Thunderstorms 1 2 3 4
- 155: Sensitive to Smells 1 2 3 4
- 156: Sensitive to Smell of Tobacco 1 2 3 4
- 157: Sensitive to Sunlight 1 2 3 4
- 158: Sensitive to Slightest Noise 1 2 3 4
- 159: Suffer A Headache or Feel Faint On Missing A Meal 1 2 3 4
- 160: Feel Better When Fasting 1 2 3 4
- 161: Feel Better After A Short Nap 1 2 3 4
- 162: Ailments are Relieved On Onset Of Menstruation 1 2 3 4
- 163: Ailments Seem Worse Between 4-8 AM/PM 1 2 3 4
- 164: Ailments Seem Worse Between 4-6 AM/PM 1 2 3 4
- 165: Ailments Seem Worse Between 1-2 AM 1 2 3 4
- 166: Ailments Seem Worse Between 2-5 AM 1 2 3 4
- 167: Ailments Are Worse in Spring 1 2 3 4
- 168: Ailments Are Worse Around Full Moon 1 2 3 4
- 169: Ailments Are Worse In The Morning And Evening 1 2 3 4
- 170: Ailments Are Worse from Sunset To Sunrise 1 2 3 4
- 171: Avoids Lying On The Left Side Of The Body In Bed 1 2 3 4
- 172: Avoids Lying ON the Right Side Of The Body In Bed 1 2 3 4
- 173: Prone To Left Sided Complaints 1 2 3 4
- 174: Prone To Right Sided Complaints 1 2 3 4
- 175: Can not wear Tight Clothes 1 2 3 4
- 176: Can not cover neck even in the cool weather 1 2 3 4